Year 4 PSHCE Curriculum

Term	Pupils will learn about	Character Curriculum themes	Targeted RESPECT Characteristics	British Values
Autumn 1	**Me and My Relationships** Exploring feelings, Positive and negative relationships, Working in teams, Different feelings, When feelings change, Under pressure	**Levison Wood** What are 'needs' and 'wants'? Importance of nutrition How can we recognise our achievements? How can we deal with conflict? How can we support others?	**Cooperation; courageous; care; selfdisciplined; pride; listens; responsible** ✓ To give attention to someone who needs help ✓ To know how to look after themselves and their environment ✓ The importance of praise ✓ How to work together towards a shared goal ✓ Ø To see the purpose of rules and the responsibility of keeping to them	**Mutual Tolerance and Respect** Refugees Religions in India
Autumn 2	**Valuing Difference** Can you sort it? Personal body space, What is a friend? What would I do is someone is being cruel to another person, The people we share our world with, Stereotypes			
Spring 1	**Keeping Myself Safe** Danger, risk or hazard? Sharing images online, Dares, Medicines: check the label, Alcohol and tobacco, Keeping ourselves safe, Influencers	**Kira Salak** Animal rights? What is activism?	**Fairness, friendship; respect; gracious; positive attitude; critical thinking; reflective** ✓ To use appropriate language to express themselves ✓ To recognise the importance of flexibility within friendships ✓ To be patient and think before acting ✓ The importance of appreciating other people ✓ To recognise the need to reduce waste	**Individual Liberty** Boarding school Changing your mind **Rule of Law**
Spring 2	**Rights and Responsibilities** Who helps us stay healthy and safe? Human rights, How do we make a difference? Online influences, Role of the bystander in bullying, Organisations who care for the environment, Expenses, Why pay taxes?			
Summer 1	**Being my Best** What makes me ME! Making choices, Needs of the body and mind, How we can care for the environment, Basic first aid	**Leif Erikson** How can we be patient? What does a society need? What is a legacy?	**Self-discipline; courtesy; selfcontrolled; determination; forgiveness; honest; compassionate.** ✓ To consider the needs and feelings of others ✓ About treating others as they would wish to be treated ✓ To be self-controlled even when under pressure ✓ To accept apologies and not hold grudges ✓ That honesty is the best policy	**Mutual Tolerance and Respect/Rule of Law** Viking attacks **Democracy** Viking chiefs **Individual Liberty** Changing religions
Summer 2	**Growing and Changing** Moving house, My feelings are all over the place! Puberty and body parts (naming genitalia and introduction to puberty) Preparing for periods, Secrets, Marriage and civil partnerships			

Red text is non-statutory and parents have the right to withdraw